



**CUPE REFLECTION SHEET**

**FORM 443-03**

Name: \_\_\_\_\_

School or Facility: \_\_\_\_\_

Telephone: \_\_\_\_\_ School/Facility: \_\_\_\_\_

Name of Conference: \_\_\_\_\_

Date of Conference: \_\_\_\_\_

1. What did you learn from this conference?

\_\_\_\_\_

2. How will the information you learned at this conference help you do your job more effectively?

\_\_\_\_\_

3. What information that you learned at this conference will you share with others?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
Signature of Employee

This form will remain on file with CUPE Local 1357 as per Administrative Procedure until the end of the following school year. Please submit to [cupe1357pg@gypsd.ca](mailto:cupe1357pg@gypsd.ca)

Distribution: Chair PG Fund Committee

The CUPE Professional Growth Fund Committee recommends that staff retain a copy of this reflection sheet to include as evidence for professional growth/improvement plans.

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